



CSpa Wellness

By Camelot

TREATMENT MENU



massage therapy

Back, Neck & Shoulder Massage	60 min	R540
	45 min	R430
	30 min	R310

This massage helps to relieve tension in the neck, shoulders, upper and lower back.

Signature Aroma Massage	60 min	R540
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

Deep Tissue Massage	60 min	R540
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R540
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage**	60 min	R540
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Tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Mom's beyond their first trimester.

CBD Wellness Massage**	60 min	R540
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Begin your therapeutic journey with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep. THC Free and 100% legal.

Classic Swedish Massage	60 min	R480
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Provides a sense of well being, eases tense muscles and induces relaxation.

Pressure Point Foot Massage	30 min	R310
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Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage	30 min	R320
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

Enhance your massage with the following additions:

Upgrade your 60min Full Body Massage with an extra 30min	R250
Add Hot Stones to your Full Body Massage	R100
Add on Goodleaf CBD Oil** <i>(may be added to any treatment)</i>	R110
Add a Back Scrub	R120

SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R420
NEW	60 min	R550

Re-sculpt your body with the combination of cupping and hands-on massage, performed with a potent formula to detoxify, address cellulite, enhance slimming and to give your body the ultimate deep cleanse. This treatment includes a targeted liposculpting massage.

body treatments

Salt Body Scrub**	30 min	R330
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Hydrating or Detox Wrap**	45 min	R520
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skin care therapy

Thalgo Source Marine Hydra-Strengthening Treatment

60 min R\$50

Suitable for any skin type, this facial will combat signs of dehydration leaving the skin softer with improved skin texture.

ThalgoMen Express Fortifying Treatment for Men NEW

30 min R\$48

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

ThalgoMen Fortifying Facial Treatment

60 min R\$70

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo 3 Algae Facial R\$58

A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial

60 min R\$56

A revitalizing skin treatment for all skin types, designed to suit your skin's specific needs.

Thalgo Purité Marine Purifying Treatment

60 min R\$56

Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Thalgo Illuminating Radiance Facial 30 min R\$39

Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

CSpa Hydrating, Rebalancing or Anti-Ageing Facial 60 min R\$50

This multi-sensory, results driven skin treatment includes a luxurious facial massage and a Hydra-Boosting Aroma serum

CSpa Aroma Facial 30 min R\$35

CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

THALGO EYE EXPERT TREATMENTS

Thalgo Hyalu-Procollagene Wrinkle Correcting Pro Eye Treatment Add On To Facial R\$33

MEDI SPA

Thalgo Peeling Marin Treatment** 30 min R\$89

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

OPTIPHI - Available at selected Branches

Optiphi Active Peel 45 min R\$70

Glycolic Acid 25%, 30% or 30|30 Peel. This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

Nano Needling Add On 15 min R\$30

Micro-Needling (Face Only) 75 min R\$1100

Micro-Needling (Face & Neck) 90 min R\$1300

Micro-Needling (Face, Neck & Décolleté) 120 min R\$1600

Micro-Needling treatments include 30min numbing time



nail treatments

MANICURES & PEDICURES

Luxe Pedicure	60 min	R400
Luxe Manicure	60 min	R350
Gelish Pedicure	60 min	R400
Gelish Manicure	60 min	R350
Gelish Dip Acrylic**	45 min	R350
Nail Care & Gelish	45 min	R320
Express Pedicure	30 min	R220
Express Manicure	30 min	R220
Revarnish	15 min	R190
Gelish Removal	20 min	R110
Mens Nail Grooming	20 min	R180
Structure Gel Add On NEW		R20

ACRYLIC NAIL BAR**

Natural / Colour Overlay	R350
French Acrylic Overlay	R370
Clear Tips with Overlay	R410
Tips: French/Colour	R370
Acrylic Fill	R250
Nail Art (Stamp / Free Hand) Per Nail**	R30
Nail Art (Sticker) Per Nail	R4
Nail Repair	R65
Artificial Nail Removal	R150
Full Set Acrylic Sculpture**	R530
Buff & Glaze	R160

BIO SCULPTURE/POLYGEL**

Tips with Sculpture Overlay	R370
Overlay	R335
Gel Fill (Clear / French)	R305
Soak Off Gel	R150
Nail Fix (Per Nail)	R60

ADD ONS

Paraffin Dip on Hands of Feet**	15 min	R100
Heel Peel Treatment	15 min	R100
Nail Re-Inforcement Layer/IBX		R100



beauty treatments

WAXING (EACH*)

Lip / Chin / Brow*	15 min	R100
Underarms / Sides of Face*	20 min	R140
Bikini / Half Arm*	25 min	R200
Brazilian	40 min	R230
Hollywood	45 min	R300
Half Leg / Full Arm/ Half Chest*	30 min	R220
Full Leg	45 min	R350
Back / Chest*	45 min	R360
Full Face	30 min	R220
Lip & Brow Wax Combo	15 min	R165

THREADING**

Lip / Chin / Brow*	R95
Lip + Brow	R140
Mono Brow	R85
Full Face	R210
Brow Thread & Tint Combo	R160
Brow Thread, Brow & Lash Tint Combo	R210

TINTING

Tint Lash & Brow	30 min	R165
Tint Lashes	20 min	R110
Tint Brows	15 min	R100

LASH LIFT AND BROW LAMINATION NEW**

Lashlift	R300
Brow Lamination	R300
Add Tint	R80
Add Brow Wax / Shape	R80



packages

The Escape 60min Thalgo Spa Skin Facial 60min Pedicure 60min Classic Swedish Massage	3hrs Per Couple	R1 320 R2 240**
Mom-To-Be Retreat 60min Pregnancy Massage 30min Express Manicure 60min Pedicure	2hrs 30min	R990
Spa Taster 30 min Back, Neck & Shoulder Massage 30 min Thalgo Illuminating Radiance Facial	60 min	R620

teen treatments

Cleansing Facial	30 min	R340
Back Massage	20 min	R210
3/4 Leg Wax	20 min	R200
1/2 Leg Wax	20 min	R170
Bikini Wax	20 min	R140
Underarm Wax	15 min	R100
Mini Lip Wax	10 min	R70

cspa kids

(under the age of 12)

Candylicious Nails Hands and Feet, Shape & Paint	30 min	R210
Fruity Fun Mani	20 min	R180
Happy Feet Pedi	20 min	R180
Kool Kids Massage Back, Neck & Shoulders, Back of Legs and Arms	20 min	R200
Little Miss Facial Little Mister Facial	30 min	R350
Tween Petite Package Choose any three of the treatments below: <ul style="list-style-type: none">• 20min Back, Neck & Shoulder Massage• 20min Booster Facial• 20min Hand Treatment• 20min Foot Treatment• 20min Revarnish Hands and Feet	60 min	R580 pp

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child. Treatments for children under the age of 12.



essentials

- Prices valid until **28 February 2023** at CSpa Wellness branches only.
- Booking in advance is recommended.
- Treatments marked ** are not available at all CSpa Wellness branches, please enquire upon booking.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- It is at your discretion to add a gratuity, for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

cancellation policies

4 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of the treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.



head office

For more information, visit our website
www.camelotwellness.co.za

011 880 3850 | info@camelotwellness.co.za

