

medical resort



# GRAND LUBICZ / MEDICAL RESORT

HEADING FOR HEALTH

TREATMENT OFFER



## MEDICAL CONSULTATIONS

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Internal medicine	180 PLN
Paediatric consultation	180 PLN
Orthopaedic consultation	180 PLN
Dermatological consultation	180 PLN
Dermatological check-up visit	from 40 PLN to 100 PLN
Dermatoscopy	200 PLN
Dermatoscopy + 1 disease	250 PLN
Neurological consultation	180 PLN
Neurosurgical consultation	300 PLN
Acupuncture	150 PLN
Medicament administration	from 50 PLN
Hyaluronic acid injection	800 PLN
Additional Medical Services	50 PLN

## PHYSIOTHERAPEUTIC CONSULTATIONS

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Basic physiotherapeutic consultation	up to 20 min./80 PLN
Physiotherapeutic consultation + individual therapy with physiotherapist	up to 80 min./249 PLN
Foot defect diagnostics	up to 20 min./69 PLN
Faulty posture diagnostics for children	up to 30 min./ to 120 PLN
Neurac spine diagnostics	up to 45 min./120 PLN

## BALNEOTHERAPY AND HYDROTHERAPY

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Brine bath	15 min./50 PLN
Brine - therapeutic mud bath	15 min./60 PLN
Therapeutic mud bath	15 min./65 PLN
Physioactive bath	15 min./55 PLN
Carbonic acid bath	15 min./60 PLN
Dry carbonic acid bath	10 min./34 PLN
Dry ozone bath	15 min./34 PLN
Pearl bath	15 min./50 PLN
Aromatic pearl bath with Ustka salt	15 min./55 PLN
Scotch douche	up to 10 min./50 PLN
Hydromassage with elements of manual underwater massage	20 min./100 PLN
Multi-jet underwater massage	20 min./60 PLN
Multi-jet underwater massage aromatic	20 min./65 PLN
Whirlpool foot / upper limb massage	15 min./30 PLN
Whirlpool massage of lower limbs and spine	15 min./35 PLN



## REHABILITATION MEDICAL



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### PHYSICAL THERAPY

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Laser therapy	10 min./29 PLN
Electrostimulation	15 min./29 PLN
Galvanic current therapy	15 min./34 PLN
Ionophoresis	15 min./34 PLN
Träbert current	15 min./29 PLN
Kotz current	15 min./29 PLN
Interference currents	15 min./29 PLN
Diadynamic currents	15 min./29 PLN
TENS	15 min./29 PLN
Ultrasound	5 min./34 PLN
Magnetotherapy	15 min./29 PLN

### THERMOTHERAPY

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Sollux Lamp	15 min./29 PLN
Brine inhalation	10 min./29 PLN
Pilerotherapy	10 min./25 PLN
Topical cryotherapy	3-5 min./35 PLN
Therapeutic mud compress	15 min./35 PLN
Fango compress	15 min./30 PLN
Game Ready Therapy	up to 30 min./ 100 PLN

### PERSONALISED SHOE INSOLES

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100% Balance / 100% Balance Narrow	350 PLN
100% Control	350 PLN
100% Impact	350 PLN
Medical Green Soft	400 PLN

## THERAPEUTIC MASSAGE

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Healing massage	up to 20 min./80 PLN up to 50 min./190 PLN
Sports massage	up to 20 min./110 PLN
Deep tissue massage	up to 30 min./110 PLN up to 50 min./199 PLN
Myofascial trigger point therapy	up to 50 min./199 PLN
Cupping massage	up to 45 min./195 PLN
Vacuum and fire bubbles	up to 20 min./90 PLN
Manual lymphatic drainage	up to 40 min./140 PLN up to 60 min./190 PLN up to 90 min./250 PLN
Special massage for sciatica	up to 30 min./110 PLN
Visceral therapy	up to 40 min./150 PLN
BOA pneumatic massage	up to 50 min./150 PLN up to 30 min./100 PLN

## KINESIOTHERAPY

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Taping / Kinesiotaping	from 60 PLN
Individual therapy	up to 80 min./249 PLN up to 50 min./220 PLN
Individual therapy for children	up to 45 min./150 PLN up to 30 min./100 PLN
Individual exercises	up to 45 min./120 PLN
Group exercises	up to 20 min./30 PLN
Neurac individual therapy	up to 45 min./120 PLN
Individual Nordic Walking	up to 90 min./160 PLN
Nordic Walking - groups	from 4 persons/50 PLN
Ear candling	up to 20 min./100 PLN



**Our highly qualified staff provides you with high quality services as well as makes sure you're given proper therapeutic and rehabilitation care.**

/ MEDICAL RESORT

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